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Press Release

100 Common Wildflowers of Central California

“Jewelflower,” “scarlet bugler,” “Johnny jump-up,” “sticky monkey flower.” Humans enjoy flowers so much we personify them with admiring names. And how can we help it when we see the creamy whites, tantalizing pinks, brilliant yellows, and deep reds and purples of these delicate denizens of the California plain and woodland?

Author Susan Lamb shares her enthusiasm for the stunning colors and shapes of nature, guiding readers through the reasons for these hues and forms and the way these wild beauties interact with the rest of the natural world.

What is that violet flower that looks like lupine? Why does vinegar weed smell that way? Why does the western Columbine hang so daintily from its stem? And what are all these different yellow flowers?

The sun-splashed but moist interior valleys of California are a hothouse of wildflowers. Let *100 Common Wildflowers of Central California* help you enjoy them to their fullest.

100 Common Wildflowers of Central California

by Susan Lamb

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